

LAKE LYTAL LIGHTNING SWIM TEAM

2010 MEET SCHEDULE

<u>DATES</u>	<u>MEET</u>	<u>LOCATION</u>	<u>ELIGIBILITY</u>	
MARCH 29-MARCH 4 LIGHTNING SPRING BREAK				
9-Apr	PBC SUB JO	LAKE LYTAL PARK	SUB JO. TIMES	HOME MEET
17-Apr	FGC OPEN WATER JR. OLYMPICS	City of Miami/Marine Stad.	SILVER A/SR. AA+	
MAY 1-2	FGC LC INV.	ISLAMORADA	BB+ CUTS SILVER/SR.	TRAVEL
7-May	LIGHTNING'S FRIDAY NIGHT @ THE RACES	LAKE LYTAL	B- TIMES	
MAY 14-16	FGC OPEN LC INV.	JUPITER	BB+ CUTS SILVER/SR.	
29-May	PBC SUB JO	LAKE LYTAL PARK	SUB JO. TIMES	HOME MEET
JUNE 11-13	DAYTONA BEACH SPEED LC INV.	PORT ORANGE	BB+ CUTS SILVER/SR.	TRAVEL
19-Jun	PBC SUB JO.	LAKE LYTAL PARK	SUB JO. TIMES	HOME MEET
JULY 9-11	FGC NORTH DIV. II. @ FLA SWIMMING	FLORIDA ATLANTIC UNIV.	B TIMES BUT SUB JO	
JULY 15-18	FGC JR. OLYMPICS @ PLANTATION	PLANT. CENTRAL PARK	14 & UND. JO. CUTS	
JULY 23-25	FGC SR. CHAMPIONSHIPS @ COR. SPR.	CORAL SPRINGS AQ. CTR.	SR. CIR. CUTS	
JULY 27-31	SOUTHERN ZONE CHAMPS	ATLANTA, GEORGIA	SELECTION	
JULY 26-AUGUST 8 LIGHTNING END OF SUMMER BREAK				
9-Aug	VERY IMPORTANT HIGH SCHOOL PRE-SEASON TRAINING BEGINS/ALL GROUPS RESUME THIS WEEK			
AUG. 27-29	FGC OPEN INV. AT NORTH PALM	N. P. COUNTRY CLUB	SILVER/SR.	
11-Sep	PBC SUB JO.	LAKE LYTAL	SUB JO. TIMES	HOME MEET
3-Oct	OPEN WATER SWIM	BOCA RATON	SILVER/SR.	
9-Oct	PBC SUB JO. @ SAS	ST. ANDREW'S SCHOOL	SUB JO. TIMES	
OCT. 15 & 16	PBC HIGH SCH.DIV. 2 & COUNTY CH.	LAKE LYTAL	PB COUNTY HS SWIMMERS	HOME MEET
OCT. 22-24	FGC OPEN INV. AT CORAL SPRINGS	CORAL SPRINGS AQ. CTR.	BB+ CUTS SILVER/SR	
OCT. 25-29	HIGH SCHOOL DISTRICT CHAMPS. WEEK.	TBA	PB COUNTY HS SWIMMERS	
NOV. 2-6	HIGH SCHOOL REG. CHAMPS WEEK	TBA	PB COUNTY HS QUAL.	
NOV. 7	PBC SUB JO. @ NORTH PALM	N. P. COUNTRY CLUB	SUB JO. TIMES	
NOV. 11-13	FLOR. HIGH SCHOOL STATE CHAMPS	TBA	PB COUNTY HS QUAL.	
NOV. 18-21	SPEEDO WINTER CHAMPS	PLANT. CENTRAL PARK	JO CUTS	
DEC. 11	8 & UND. SANTA MEET/9 & OVER SPRINT MEET	LAKE LYTAL	ALL SWIMMERS	HOME MEET

LONG COURSE SEASON