

Florida Senior Circuit

Time Standards

Female		Event	Male	
Yards	Meters		Yards	Meters
28.39	31.89	50 Free	25.29	28.69
1:00.79	1:08.19	100 Free	54.79	1:01.99
2:09.29	2:24.49	200 Free	1:56.79	2:13.59
5:36.59	4:59.29	500/400 Free	5:14.89	4:42.39
11:40.49	10:21.39	1000/800 Free	11:04.39	9:51.89
19:38.29	19:58.09	1650/1500 Free	18:27.49	18:44.99
1:09.89	1:19.49	100 Back	1:01.59	1:11.29
2:29.19	2:48.19	200 Back	2:15.59	2:32.99
1:18.89	1:30.79	100 Breast	1:11.09	1:20.49
2:49.69	3:13.39	200 Breast	2:35.09	2:57.79
1:06.59	1:14.89	100 Fly	1:00.59	1:07.39
2:25.49	2:42.39	200 Fly	2:13.59	2:31.99
2:24.49	2:43.89	200 IM	2:12.79	2:30.19
5:06.29	5:46.39	400 IM	4:48.79	5:21.49

Revised: 9/30/2005

Effective: 1/1/2006