

**LAKE LYTAL LIGHTNING**  
**www.lightning-swimming.org**

**RECORDS TEAM LC**

**LC Meters-Girls**

|          |            |                  |                  |   |   |
|----------|------------|------------------|------------------|---|---|
| 8 & U    | 50 Free    | 35.58            | <b>15-Jun-07</b> | LLL FG  | Alexa Rivera @ Largo Inv.                                       |
|          | 100 Free   | 1:19.17          | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 200 Free   | 2:42.94          | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 50 Back    | 42.75            | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 100 Back   | 1:33.03          | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 50 Breast  | 46.30            | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 100 Breast | 1:40.42          | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 50 Fly     | 39.62            | <b>20-Jun-08</b> | LLL FG  | Jenna M. Pisani at THE LIGHTNING INVITATIONAL                   |
|          | 100 Fly    | 1:39.22          | <b>7-Jul-07</b>  | LLL FG  | Alexa Rivera @ Division II Ch.                                  |
|          | 200 IM     | 3:17.32          | <b>30-May-08</b> | LLL FG  | Jenna M. Pisani at FGC LC Open Invitational May 30-June 1, 2008 |
| 10 & U   | 50 Free    | 31.11            | <b>23-Jul-09</b> | LLL FG  | Alexa N. Rivera at 09FGLongCourseJO-072309-PST                  |
|          | 100 Free   | 1:08.70          | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
|          | 200 Free   | 2:26.65          | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
|          | 400 Free   | 5:08.54          | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
|          | 50 Back    | 36.05            | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
|          | 100 Back   | 1:17.98          | <b>1-May-09</b>  | LLL FG  | Alexa N. Rivera at Go For The Gold Invitational                 |
|          | 50 Breast  | 41.41            | <b>1-May-09</b>  | LLL FG  | Alexa N. Rivera at Go For The Gold Invitational                 |
|          | 100 Breast | 1:29.28          | <b>15-May-09</b> | LLL FG  | Alexa N. Rivera at FGC LC Open Invitational May 15-17, 2009     |
|          | 50 Fly     | 33.50            | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
|          | 100 Fly    | 1:18.44          | <b>19-Jun-09</b> | LLL FG  | Alexa N. Rivera at THE LIGHTNING INVITATIONAL                   |
| 200 IM   | 2:42.99    | <b>19-Jun-09</b> | LLL FG           | Alexa N. Rivera at THE LIGHTNING INVITATIONAL               |   |
| 11-12    | 50 Free    | 29.68            | <b>18-Jun-04</b> | LLL FG  | Tracey A. Rahrig at The Lightning Invitational 2004             |
|          | 100 Free   | 1:03.99          | <b>18-Jul-02</b> | LLL FG  | ALISON M. TEMPLIN at 2002 FGC LC Junior Olympics                |
|          | 200 Free   | 2:16.00          | <b>14-Feb-03</b> | LLL FG  | ALISON M. TEMPLIN at Florida Senior Circuit #2                  |
|          | 400 Free   | 4:35.82          | <b>14-Feb-03</b> | LLL FG  | ALISON M. TEMPLIN at Florida Senior Circuit #2                  |
|          | 800 Free   | 9:21.70          | <b>14-Feb-03</b> | LLL FG  | ALISON M. TEMPLIN at Florida Senior Circuit #2                  |
|          | 1500 Free  | 18:04.51         | <b>14-Feb-03</b> | LLL FG  | ALISON M. TEMPLIN at Florida Senior Circuit #2                  |
|          | 50 Back    | 33.94            | <b>2-Jun-01</b>  | LLL FG  | ALEXIS M OMANS at Palm Bch. Cnty. A-C Long Cours                |
|          | 100 Back   | 1:11.17          | <b>18-Jul-02</b> | LLL FG  | CHRISTINE E. SLOMKA at 2002 FGC LC Junior Olympics              |
|          | 200 Back   | 2:37.61          | <b>30-Jul-02</b> | LLL FG  | CHRISTINE E. SLOMKA at Southeastern Zone Championships          |
|          | 50 Breast  | 37.81            | <b>24-Jul-03</b> | LLL FG  | SARAH M. MOREJON at FGJO LC July 03                             |
|          | 100 Breast | 1:21.55          | <b>30-Jul-02</b> | LLL FG  | CHRISTINE E. SLOMKA at Southeastern Zone Championships          |
|          | 200 Breast | 2:56.00          | <b>13-Jun-02</b> | LLL FG  | CHRISTINE E. SLOMKA at 2002 Sunshine State Games                |
|          | 50 Fly     | 31.53            | <b>19-Jun-09</b> | LLL FG  | Christi Herfurth at THE LIGHTNING INVITATIONAL                  |
|          | 100 Fly    | 1:10.17          | <b>19-Jun-09</b> | LLL FG  | Christi Herfurth at THE LIGHTNING INVITATIONAL                  |
|          | 200 Fly    | 2:39.45          | <b>23-Jul-09</b> | LLL FG  | Christi Herfurth at 09FGLongCourseJO-072309-PST                 |
|          | 200 IM     | 2:37.81          | <b>13-Jun-02</b> | LLL FG  | CHRISTINE E. SLOMKA at 2002 Sunshine State Games                |
| 400 IM   | 5:35.53    | <b>30-May-08</b> | LLL FG           | CAROLYN LEE at FGC LC Open Invitational May 30-June 1, 2008 |   |
| 13-14    | 50 Free    | 27.99            | <b>24-Jul-03</b> | LLL FG  | SARAH K. ANDREWS at FGJO LC July 03                             |
|          | 100 Free   | 1:01.47          | <b>24-Jul-03</b> | LLL FG  | SARAH K. ANDREWS at FGJO LC July 03                             |
|          | 200 Free   | 2:10.36          | <b>19-Jun-03</b> | LLL FG  | SARAH K. ANDREWS at 2003 International Age Group Invitational   |
|          | 400 Free   | 4:31.95          | <b>24-Jul-03</b> | LLL FG  | ALISON M. TEMPLIN at FGJO LC July 03                            |
|          | 800 Free   | 9:15.49          | <b>24-Jul-03</b> | LLL FG  | ALISON M. TEMPLIN at FGJO LC July 03                            |
|          | 1500 Free  | 18:17.43         | <b>16-Jul-10</b> | LLL FG  | Julie A. Suarez at 14 & Under Junior Olympics                   |
|          | 50 Back    | 31.95            | <b>23-Jul-10</b> | LLL FG  | Julie A. Suarez at FG-072310-FGSR-50 Senior Champs              |
| 100 Back | 1:09.18    | <b>23-Jul-10</b> | LLL FG           | Julie A. Suarez at FG-072310-FGSR-50 Senior Champs          |   |

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**RECORDS TEAM LC**

|            |            |          |                  |                  |  |
|------------|------------|----------|------------------|------------------|--|
| 13-14      | 200 Back   | 2:31.13  | <b>29-Jul-04</b> | LLL FG           | CHRISTINE E. SLOMKA at Florida Gold Coast Long Course JO     |
|            | 50 Breast  | 36.14    | <b>27-Jun-09</b> | LLL FG           | Vicky Ho @ Ft. Lauderdale International Age Group Meet       |
|            | 100 Breast | 1:17.07  | <b>29-Jul-04</b> | LLL FG           | CHRISTINE E. SLOMKA at Florida Gold Coast Long Course JO     |
|            | 200 Breast | 2:46.07  | <b>24-Jul-03</b> | LLL FG           | CHRISTINE E. SLOMKA at FGJO LC July 03                       |
|            | 50 Fly     | 29.96    | <b>23-Jun-05</b> | LLL FG           | Michele Ling @ FLA International Age Group                   |
|            | 100 Fly    | 1:07.96  | <b>16-Jul-10</b> | LLL FG           | Christi Herfurth at 14 & Under Junior Olympics               |
|            | 200 Fly    | 2:28.40  | <b>23-Jul-10</b> | LLL FG           | Christi Herfurth at FG-072310-FGSR-50 Senior Champs          |
|            | 200 IM     | 2:30.06  | <b>29-Jul-04</b> | LLL FG           | CHRISTINE E. SLOMKA at Florida Gold Coast Long Course JO     |
|            | 400 IM     | 5:14.28  | <b>24-Jul-03</b> | LLL FG           | CHRISTINE E. SLOMKA at FGJO LC July 03                       |
| 15-16      | 50 Free    | 27.38    | <b>17-Jun-05</b> | LLL FG           | SARAH K. ANDREWS at THE LIGHTNING INVITATIONAL               |
|            | 100 Free   | 59.47    | <b>29-Jul-04</b> | LLL FG           | SARAH K. ANDREWS at Florida Gold Coast Long Course JO        |
|            | 200 Free   | 2:05.61  | <b>14-Jul-05</b> | LLL FG           | SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics     |
|            | 400 Free   | 4:25.65  | <b>14-Jul-05</b> | LLL FG           | SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics     |
|            | 1500 Free  | 18:36.28 | <b>29-Apr-05</b> | LLL FG           | SARAH K. ANDREWS at Palm Beach County Invitational (BB+) LCM |
|            | 50 Back    | 33.11    | <b>19-Jun-03</b> | LLL FG           | Linda E. Tate @ Ft. Laud. International Age Group            |
|            | 100 Back   | 1:08.87  | <b>15-Jan-04</b> | LLL FG           | ALEXIS M. OMANS at 2004 Spring Speedo Champions Series       |
|            | 200 Back   | 2:28.45  | <b>24-Jul-03</b> | LLL FG           | ALEXIS M. OMANS at FGJO LC July 03                           |
|            | 50 Breast  | 34.97    | <b>23-Jun-05</b> | LLL FG           | Michelle Ling @ FLA International Age Group                  |
|            | 100 Breast | 1:17.78  | <b>14-Jul-05</b> | LLL FG           | CHRISTINE E. SLOMKA at 2005 FGC Long Course Junior Olympics  |
|            | 200 Breast | 2:44.79  | <b>14-Jul-05</b> | LLL FG           | CHRISTINE E. SLOMKA at 2005 FGC Long Course Junior Olympics  |
|            | 100 Fly    | 1:05.81  | <b>10-Feb-04</b> | LLL FG           | LINDA E. TATE at USA Spring Nationals                        |
|            | 200 Fly    | 2:27.46  | <b>24-Jul-03</b> | LLL FG           | JUSTINE N. KANE at FGJO LC July 03                           |
|            | 200 IM     | 2:23.75  | <b>14-Jul-05</b> | LLL FG           | SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics     |
|            | 400 IM     | 5:16.15  | <b>14-Jul-05</b> | LLL FG           | CHRISTINE E. SLOMKA at 2005 FGC Long Course Junior Olympics  |
|            | Open       | 50 Free  | 27.16            | <b>15-Jun-07</b> | LLL FG   |
| 100 Free   |            | 59.46    | <b>19-Jun-09</b> | LLL FG           | SARAH K. ANDREWS at THE LIGHTNING INVITATIONAL               |
| 200 Free   |            | 2:05.61  | <b>14-Jul-05</b> | LLL FG           | SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics     |
| 400 Free   |            | 4:24.47  | <b>14-Jul-05</b> | LLL FG           | Laurabeth Guenther at 2005 FGC Long Course Junior Olympics   |
| 800 Free   |            | 9:09.30  | <b>17-Jul-08</b> | LLL FG           | Alison M. Templin at SPEEDO Champions Series-SZSS            |
| 1500 Free  |            | 17:34.18 | <b>14-Jul-05</b> | LLL FG           | Laurabeth Guenther at 2005 FGC Long Course Junior Olympics   |
| 50 Back    |            | 29.97    | <b>23-Jun-01</b> | LLL FG           | Kathryn Hallquist @ International Age Group                  |
| 100 Back   |            | 1:04.71  | <b>19-Mar-02</b> | LLL FG           | KATHRYN M.HALLQUIST at USA Spring Nationals                  |
| 200 Back   |            | 2:24.86  | <b>10-Aug-01</b> | LLL FG           | KATHRYN M.HALLQUIST at FGC Long Course Junior Olympics       |
| 50 Breast  |            | 34.97    | <b>23-Jun-05</b> | LLL FG           | Michele Ling @ FLA International Age Group                   |
| 100 Breast |            | 1:16.16  | <b>12-Jul-07</b> | LLL FG           | CHRISTINE E. SLOMKA at SPEEDO Champions Series-SZSS          |
| 200 Breast |            | 2:43.22  | <b>12-Jul-07</b> | LLL FG           | CHRISTINE E. SLOMKA at SPEEDO Champions Series-SZSS          |
| 50 Fly     |            | 29.92    | <b>24-Jul-06</b> | LLL FG           | Michele Ling @ FLA International Age Group                   |
| 100 Fly    |            | 1:04.38  | <b>12-Jul-06</b> | LLL FG           | SARAH K. ANDREWS at 2006 Speedo Champions Series             |
| 200 Fly    |            | 2:22.48  | <b>14-Jul-05</b> | LLL FG           | JUSTINE N. KANE at 2005 FGC Long Course Junior Olympics      |
| 200 IM     |            | 2:23.75  | <b>14-Jul-05</b> | LLL FG           | SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics     |
| 400 IM     |            | 5:06.68  | <b>12-Jul-06</b> | LLL FG           | SARAH K. ANDREWS at 2006 Speedo Champions Series             |

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**RECORDS TEAM LC**

**LC Meters-Boys**

|            |            |          |                  |                  |  |   |
|------------|------------|----------|------------------|------------------|--|---|
| 8 & U      | 50 Free    | 34.36    | <b>20-Jul-06</b> | LLL FG           | William Pisani @ FGC Jr. Olym.                                 |   |
|            | 100 Free   | 1:18.13  | <b>20-Jul-06</b> | LLL FG           | William Pisani @ FGC Jr. Olym.                                 |   |
|            | 200 Free   | 2:47.87  | <b>20-Jul-06</b> | LLL FG           | William Pisani @ FGC Jr. Olym.                                 |   |
|            | 50 Back    | 41.18    | <b>20-Jul-06</b> | LLL FG           | William Pisani @ FGC Jr. Olym.                                 |   |
|            | 100 Back   | 1:30.55  | <b>20-Jul-06</b> | LLL FG           | William Pisani @ FGC Jr. Olym.                                 |   |
|            | 50 Breast  | 51.80    | <b>1-May-09</b>  | LLL FG           | William T. Kennedy at Go For The Gold Invitational             |   |
|            | 100 Breast | 1:48.36  | <b>19-Jul-07</b> | LLL FG           | Andrew Lee at Florida Gold Coast Jr. Olympics LC               |   |
|            | 50 Fly     | 38.54    | <b>6-Aug-98</b>  | LLL FG           | Brendon Andrews @ FGC Jr. Olym                                 |   |
|            | 100 Fly    | 1:36.05  | <b>19-Jul-07</b> | LLL FG           | Andrew Lee at Florida Gold Coast Jr. Olympics LC               |   |
|            | 200 IM     | 3:19.80  | <b>15-May-09</b> | LLL FG           | William T. Kennedy at FGC LC Open Invitational May 15-17, 2009 |   |
|            | 10 & U     | 50 Free  | 30.41            | <b>6-Jul-00</b>  | LLL FG   | JONATHAN J VAN ZEE at Sunshine Sate Games 2000            |
|            |            | 100 Free | 1:07.10          | <b>28-Jul-00</b> | LLL FG   | JONATHAN J VAN ZEE at FGC LC JUNIOR OLY. 2000             |
| 200 Free   |            | 2:25.44  | <b>24-Jul-08</b> | LLL FG           | WILLIAM J. PISANI at Florida Gold Coast Junior Olympic Champs. |   |
| 400 Free   |            | 5:09.81  | <b>23-Apr-10</b> | LLL FG           | Nicholas R. Sharp at FGC LC Invitational 042310-FG2            |   |
| 50 Back    |            | 35.56    | <b>24-Jul-08</b> | LLL FG           | WILLIAM J. PISANI at Florida Gold Coast Junior Olympic Champs. |   |
| 100 Back   |            | 1:17.33  | <b>20-Jun-08</b> | LLL FG           | WILLIAM J. PISANI at THE LIGHTNING INVITATIONAL                |   |
| 50 Breast  |            | 42.02    | <b>2-Jun-08</b>  | LLL FG           | ANDREAS RINTEL @ Lake Lytal Time Trial                         |   |
| 100 Breast |            | 1:34.03  | <b>19-Jun-09</b> | LLL FG           | Nicholas R. Sharp at THE LIGHTNING INVITATIONAL                |   |
| 50 Fly     |            | 33.67    | <b>28-Jul-00</b> | LLL FG           | BRENDON R ANDREWS at FGC LC JUNIOR OLY. 2000                   |   |
| 100 Fly    |            | 1:16.62  | <b>28-Jul-00</b> | LLL FG           | BRENDON R ANDREWS at FGC LC JUNIOR OLY. 2000                   |   |
| 200 IM     |            | 2:48.72  | <b>23-Apr-10</b> | LLL FG           | Nicholas R. Sharp at FGC LC Invitational 042310-FG2            |   |
| 11-12      |            | 50 Free  | 28.15            | <b>16-Jul-10</b> | LLL FG   | WILLIAM J. PISANI at 14 & Under Junior Olympics           |
|            | 100 Free   | 1:00.57  | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 200 Free   | 2:12.57  | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 400 Free   | 4:51.41  | <b>14-May-10</b> | LLL FG           | WILLIAM J. PISANI at FGC LC Invitational 051410-FG2            |   |
|            | 800 Free   | 10:29.49 | <b>30-May-03</b> | LLL FG           | TOMMY FRICK at Palm Beach County ABC Long Course Meet          |   |
|            | 50 Back    | 31.76    | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 100 Back   | 1:10.25  | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 200 Back   | 2:29.49  | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 50 Breast  | 36.91    | <b>14-May-10</b> | LLL FG           | Andreas Rintel at FGC LC Invitational 051410-FG2               |   |
|            | 100 Breast | 1:19.55  | <b>23-Apr-10</b> | LLL FG           | Andreas Rintel at FGC LC Invitational 042310-FG2               |   |
|            | 200 Breast | 2:56.08  | <b>23-Apr-10</b> | LLL FG           | Andreas Rintel at FGC LC Invitational 042310-FG2               |   |
|            | 50 Fly     | 30.72    | <b>13-Jun-02</b> | LLL FG           | BRENDON R. ANDREWS at 2002 Sunshine State Games                |   |
|            | 100 Fly    | 1:09.06  | <b>16-Jul-10</b> | LLL FG           | WILLIAM J. PISANI at 14 & Under Junior Olympics                |   |
|            | 200 Fly    | 2:31.64  | <b>30-Apr-04</b> | LLL FG           | TOMMY FRICK at Palm Beach County ABC (BB+) LCM                 |   |
|            | 200 IM     | 2:37.22  | <b>24-Jun-10</b> | LLL FG           | WILLIAM J. PISANI at 2010 FG CSSC Invitational-CSSC-062410     |   |
|            | 400 IM     | 5:40.71  | <b>23-Apr-10</b> | LLL FG           | Andreas Rintel at FGC LC Invitational 042310-FG2               |   |
|            | 13-14      | 50 Free  | 26.78            | <b>17-Jun-05</b> | LLL FG   | DONALD L. ROBERTS at THE LIGHTNING INVITATIONAL           |
|            |            | 100 Free | 59.26            | <b>14-Jul-05</b> | LLL FG   | DONALD L. ROBERTS at 2005 FGC Long Course Junior Olympics |
| 200 Free   |            | 2:09.20  | <b>17-Jun-05</b> | LLL FG           | MATTHIAS C. TOPIC at THE LIGHTNING INVITATIONAL                |   |
| 400 Free   |            | 4:35.71  | <b>14-Jul-05</b> | LLL FG           | TOMMY FRICK at 2005 FGC Long Course Junior Olympics            |   |
| 800 Free   |            | 9:30.39  | <b>14-Jul-05</b> | LLL FG           | TOMMY FRICK at 2005 FGC Long Course Junior Olympics            |   |
| 1500 Free  |            | 17:52.59 | <b>16-Jun-06</b> | LLL FG           | TOMMY FRICK at THE LIGHTNING INVITATIONAL                      |   |
| 50 Back    |            | 32.61    | <b>16-Jul-10</b> | LLL FG           | Eric E. Bach-Crosby at 14 & Under Junior Olympics              |   |
| 100 Back   |            | 1:07.60  | <b>14-Jul-05</b> | LLL FG           | TOMMY FRICK at 2005 FGC Long Course Junior Olympics            |   |
| 200 Back   |            | 2:23.81  | <b>14-Jul-05</b> | LLL FG           | TOMMY FRICK at 2005 FGC Long Course Junior Olympics            |   |

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**RECORDS TEAM LC**

|            |            |          |                  |                 |   |   |
|------------|------------|----------|------------------|-----------------|---|---|
| 13-14      | 50 Breast  | 35.43    | <b>16-Jul-10</b> | LLL FG          | Eric E. Bach-Crosby at 14 & Under Junior Olympics                   |   |
|            | 100 Breast | 1:16.62  | <b>17-Jun-05</b> | LLL FG          | Jelani A. Benjamin at THE LIGHTNING INVITATIONAL                    |   |
|            | 200 Breast | 2:47.10  | <b>16-Jul-10</b> | LLL FG          | Andreas Rintel at 14 & Under Junior Olympics                        |   |
|            | 50 Fly     | 29.65    | <b>23-Jul-10</b> | LLL FG          | Eric E. Bach-Crosby at FG-072310-FGSR-50 Senior Champs              |   |
|            | 100 Fly    | 1:06.44  | <b>16-Jun-06</b> | LLL FG          | TOMMY FRICK at THE LIGHTNING INVITATIONAL                           |   |
|            | 200 Fly    | 2:23.33  | <b>16-Jun-06</b> | LLL FG          | TOMMY FRICK at THE LIGHTNING INVITATIONAL                           |   |
|            | 200 IM     | 2:26.99  | <b>27-May-05</b> | LLL FG          | MATTHIAS C. TOPIC at 2005 FLA Senior Circuit                        |   |
|            | 400 IM     | 5:08.52  | <b>16-Jun-06</b> | LLL FG          | TOMMY FRICK at THE LIGHTNING INVITATIONAL                           |   |
| 15-16      | 50 Free    | 25.66    | <b>16-Jun-06</b> | LLL FG          | BRENDON R. ANDREWS at THE LIGHTNING INVITATIONAL                    |   |
|            | 100 Free   | 56.41    | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |
|            | 200 Free   | 2:04.61  | <b>12-Jul-06</b> | LLL FG          | BRENDON R. ANDREWS at 2006 Speedo Champions Series                  |   |
|            | 400 Free   | 4:26.50  | <b>16-Jan-10</b> | LLL FG          | RICHARD T. ANDREWS at NSU Davie Nadadores Senior Invitational       |   |
|            | 800 Free   | 9:53.26  | <b>29-Apr-05</b> | LLL FG          | Manuel A. Rabelo at Palm Beach County Invitational (BB+) LCM        |   |
|            | 50 Back    | 30.03    | <b>12-Jul-06</b> | LLL FG          | Brendon R. Andrews @ Speedo Championship Series                     |   |
|            | 100 Back   | 1:02.91  | <b>12-Jul-06</b> | LLL FG          | BRENDON R. ANDREWS at 2006 Speedo Champions Series                  |   |
|            | 50 Breast  | 32.76    | <b>27-May-05</b> | LLL FG          | Manuel Rabelo @ FLA Sr. Circuit                                     |   |
|            | 100 Breast | 1:10.06  | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |
|            | 200 Breast | 2:33.83  | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |
|            | 50 Fly     | 28.51    | <b>23-Jul-09</b> | LLL FG          | Richard Andrews @ FGC LC Jr. Olympics                               |   |
|            | 100 Fly    | 1:03.38  | <b>19-Jul-07</b> | LLL FG          | Nick Manousos at Florida Gold Coast Jr. Olympics LC                 |   |
|            | 200 Fly    | 2:22.34  | <b>13-Mar-08</b> | LLL FG          | TOMMY FRICK at Southern Zone Sectional Champs 2008                  |   |
|            | 200 IM     | 2:18.89  | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |
|            | 400 IM     | 4:50.85  | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |
|            | Open       | 50 Free  | 23.27            | <b>7-Jul-09</b> | LLL FG  | BRENDON R. ANDREWS at UISA National Championship-World Champ Trials |
|            |            | 100 Free | 51.48            | <b>7-Jul-09</b> | LLL FG  | BRENDON R. ANDREWS at UISA National Championship-World Champ Trials |
| 200 Free   |            | 1:54.57  | <b>7-Jul-09</b>  | LLL FG          | BRENDON R. ANDREWS at UISA National Championship-World Champ Trials |   |
| 400 Free   |            | 4:19.13  | <b>23-Jul-10</b> | LLL FG          | RICHARD T. ANDREWS at FG-072310-FGSR-50 Senior Champs               |   |
| 800 Free   |            | 9:30.39  | <b>14-Jul-05</b> | LLL FG          | TOMMY FRICK at 2005 FGC Long Course Junior Olympics                 |   |
| 1500 Free  |            | 17:19.52 | <b>23-Jul-10</b> | LLL FG          | RICHARD T. ANDREWS at FG-072310-FGSR-50 Senior Champs               |   |
| 50 Back    |            | 27.73    | <b>24-Jul-08</b> | LLL FG          | Brendon R. Andrews @ FGC Jr. Olympics                               |   |
| 100 Back   |            | 56.24    | <b>7-Jul-09</b>  | LLL FG          | BRENDON R. ANDREWS at UISA National Championship-World Champ Trials |   |
| 200 Back   |            | 2:11.36  | <b>14-Jul-05</b> | LLL FG          | Justin A. Green at 2005 FGC Long Course Junior Olympics             |   |
| 50 Breast  |            | 31.41    | <b>23-Jul-10</b> | LLL FG          | Christopher S. Mandli at FG-072310-FGSR-50 Senior Champs            |   |
| 100 Breast |            | 1:07.93  | <b>17-Jul-08</b> | LLL FG          | Manuel A. Rabelo at SPEEDO Champions Series-SZSS                    |   |
| 200 Breast |            | 2:29.23  | <b>14-Jul-05</b> | LLL FG          | Justin A. Green at 2005 FGC Long Course Junior Olympics             |   |
| 50 Fly     |            | 27.02    | <b>19-Jun-03</b> | LLL FG          | Rinaldo A. Sintjago @ FLA International Age Group                   |   |
| 100 Fly    |            | 59.83    | <b>12-Jul-07</b> | LLL FG          | BRENDON R. ANDREWS at SPEEDO Champions Series-SZSS                  |   |
| 200 Fly    |            | 2:13.72  | <b>19-Jun-09</b> | LLL FG          | TOMMY FRICK at THE LIGHTNING INVITATIONAL                           |   |
| 200 IM     |            | 2:13.87  | <b>14-Jul-05</b> | LLL FG          | Justin A. Green at 2005 FGC Long Course Junior Olympics             |   |
| 400 IM     |            | 4:50.85  | <b>12-Jul-07</b> | LLL FG          | Nick Manousos at SPEEDO Champions Series-SZSS                       |   |