

LAKE LYTAL LIGHTNING

www.lightning-swimming.org

Individual Top Times

Times since: 22-Jul-10

LAKE LYTAL LIGHTNING [LLL-FG] Coach: GORDON ANDREWS

Show Long Course Only

Time	P/F/S	Event
Andrews, Richard (17) B		
26.21 L	SPSE P	50 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
55.06 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:01.24 L	SPSE P	200 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
4:19.13 L	SPSE F	400 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
17:19.52 L	SPSE F	1500 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:01.54 L	SPSE P	100 Fly 7/23/2010 FG-072310-FGSR-50 Senior Champs
Corley, Julia (15) G		
1:02.72 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:22.25 L	SPSE F	100 Breast 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:09.65 L	SPSE P	100 Fly 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:35.12 L	SPSE F	200 IM 7/23/2010 FG-072310-FGSR-50 Senior Champs
Herfurth, Christina (14) G		
1:08.67 L	SPSE P	100 Fly 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:28.40 L	SPSE F	200 Fly 7/23/2010 FG-072310-FGSR-50 Senior Champs
Hirsch, Rachel (16) G		
1:18.52 L	SPSE F	100 Breast 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:50.45 L	SPSE F	200 Breast 7/23/2010 FG-072310-FGSR-50 Senior Champs
Holling, Maggie (17) G (Yr: 11)		
29.36 L	SPSE P	50 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:03.70 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:14.99 L	SPSE P	200 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:11.55 L	SPSE P	100 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:34.10 L	SPSE F	200 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
Ingram, Fabiana (13) G		
1:14.90 L	SPSE P	100 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
Lee, Carolyn (15) G		
1:01.70 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:12.81 L	SPSE F	100 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:39.94 L	SPSE F	200 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
Mandli, Christopher (19) B		
57.68 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:11.25 L	SPSE P	100 Breast 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:41.56 L	SPSE P	200 Breast 7/23/2010 FG-072310-FGSR-50 Senior Champs
Suarez, Julie (14) G		
1:01.96 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
4:40.22 L	SPSE F	400 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:09.18 L	SPSE F	100 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
Suarez, Lauren (15) G		
2:39.50 L	SPSE F	200 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
Szerdi, Johnny (16) B		
26.40 L	SPSE P	50 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
56.68 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:21.11 L	SPSE P	200 IM 7/23/2010 FG-072310-FGSR-50 Senior Champs
Vega Monroy, Daniela (16) G		
1:02.32 L	SPSE F	100 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:14.91 L	SPSE F	200 Free 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:12.94 L	SPSE P	100 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
2:32.72 L	SPSE F	200 Back 7/23/2010 FG-072310-FGSR-50 Senior Champs
1:09.72 L	SPSE F	100 Fly 7/23/2010 FG-072310-FGSR-50 Senior Champs